

Values and Issues Inventory

Values

Select the three values that matter most to you, or write in other values of your choice. Values are characteristics we hold in high esteem, things that we give worth to.

When thinking about your own values, the following questions might help you to assess them:

1. What experiences and people have been important in shaping your core values and passions?
2. What do you notice about your values when you consider your choices, such as life directions, career, free time, lifestyle, donations and spending?
3. When you hear of world events or witness an injustice, what moves you most? With what have you been most troubled? Most delighted?

acceptance
beauty
commitment
communication
community
compassion
courage
creativity
democracy
dignity
diversity
equality
faith
family

freedom
harmony
healing
honesty
interdependence
integrity
justice
joy
knowledge
love
opportunity
peace
preservation
respect

responsibility
service
simplicity
transformation

Top three values

Mine are: _____



Issues

Select the top three issues that concern you most. If one is clearly more significant to you, put a star next to it:

- | | | |
|---------------------------|---------------------------------------|-------------------------------|
| ageism | elder care/seniors | peace/conflict resolution |
| AIDS | employment | philanthropy/volunteeris
m |
| animals | training/jobs | poverty |
| anti-Semitism | environment | prison reform |
| anti-racism | electoral reform | public policy/advocacy |
| arts & culture | faith-based community
service | religious freedom |
| boys | GLBT civil rights | reproductive rights |
| Catholic charities | girls | seniors |
| children/child care | health care/medical
research | sports |
| civil rights | homelessness/housing | special education |
| community gardens | immigrants/refugee
rights/services | women's rights |
| community development | Jewish causes | youth development |
| corporate responsibility | leadership development | _____ |
| disabilities | legal aid | _____ |
| disaster relief | literacy | _____ |
| domestic violence | media | _____ |
| drug & alcohol abuse | parks & land preservation | _____ |
| economic justice | | |
| economic self-sufficiency | | |
| education | | |

Top three issues

Mine are: _____